

LTC Powell is a graduate of Bowman Grey School of Medicine at Wake Forest University. He did his Internal Medicine Residency at Madigan Army Medical Center at Fort Lewis, WA and then deployed to Afghanistan as a Brigade Surgeon. After deploying, LTC Powell completed his fellowship in Critical Care Medicine at Walter Reed National Military Medical Center and was assigned to Womack Army Medical Center at Fort Bragg, NC. During his tenure as Medical Director of the Womack ICU, LTC Powell began teaching Special Operations Medics doing their clinical refresher training. Conversations with medics led to an understanding that Special Operations missions were evolving to settings in “immature medical environments” in which it was not possible to treat casualties within the “golden hour.” This realization led to his involvement in Prolonged Casualty Care; helping to develop training, doctrine and research to better prepare Special Operations Teams to stabilize casualties for hours, even days, until they can receive definitive surgical and critical care. In the course of this work, LTC Powell has collaborated with the Joint Trauma System to develop research-based clinical practice guidelines, the Society of Critical Care Medicine to develop a training course for critical care in resource-limited environments, the Telemedicine and Advanced Technology Research Center (TATRC) to develop telemedicine capabilities and units from every branch of the US Military and several NATO members to develop and deliver high-intensity, realistic field training. He has served with the First Special Forces Command (Airborne) Office of Special Warfare and Third Special Forces Group (Airborne). In 2019, LTC Powell left active-duty service to begin a position as an Assistant Professor of Medicine at West Virginia University’s School of Medicine where he teaches, and is involved on the front lines of the COVID pandemic providing ECMO care in WVU’s cardiovascular critical care unit. He continues to serve in the Army Reserves as an advisor on Prolonged Casualty Care to the US Army Special Operations Command (USASOC). He and his wife LTC (Retired) Heidi Grimm Powell reside in Southern Pines, NC.